

Essential Eligibility Criteria

Henry Horton State Park

Sinkhole Exploration on Hickory Ridge

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

? Manage personal care in remote environments without access to electricity and/or running water, including hydration

? Tolerate the elements for one (1) hour, including heat/cold

? Be able to identify and recognize environmental risks, including loose rock, uneven terrain, and potentially hazardous animals and insects

? Travel over and negotiate mostly flat, packed soil and loose rock terrain for one (1) mile in an estimated one (1) hour without sitting

Optional Sinkhole Exploration

? Move through large boulders down into 12 foot deep sinkhole and back up through boulders to the trail (with instruction)

Should you need additional assistance to participate, please contact the park or visit our website.