Essential Eligibility Criteria

Bledsoe Creek State Park

After Thanksgiving Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions to avoid and/or manage risks
- Tolerate the elements including temperature for one hour
- Be able to identify and recognize environmental risks, including potentially hazardous animals and insects
- Move over uneven, packed soil terrain with occasional tree roots measuring up to three (3) inches in height for one and a half (1.5) miles
- Navigate trail up and down gradual inclines and declines for one and a half (1. 5) miles
- Navigate three (3) wooden bridge over a shallow creek bed

Should you need additional assistance to participate, please contact the park or visit our website.

TENNESSEE State Parks