

# Essential Eligibility Criteria

## Axe Throwing

### ***Standing Stone State Park***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions and instructions to avoid and/or manage risks.
- Tolerate exposure to the elements, including hot temperatures for up to one (1) hour.
- Be able to stand for up to one (1) hour.
- Use of fine motor skills in arms and legs.
- Be at least 15 years old.
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities.

Should you need additional assistance to participate, please contact the park or visit our website.