

# Essential Eligibility Criteria

## Volunteer Project

### ***Standing Stone State Park***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for up to 3 hours
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Be able to identify and recognize environmental risks, including but not limited to, falling objects/rocks, loose rock and unstable surfaces, steep and uneven terrain
- Engage in service-learning projects such as weeding, building, digging, lifting, painting, construction, and clean-up for up to 3 hours
- Wear all protective gear recommended or required for the work/service, including gloves and footwear
- Work responsibly and reliably with minimal supervision and/or on a team

Should you need additional assistance to participate, please contact the park or visit our website.

