

Essential Eligibility Criteria

Rock Island State Park

Collins River Nature Trail

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Travel over and negotiate varied terrain for approximately 2.65 miles for up to 90 minutes.
- Be able to identify and recognize environmental risks, including but not limited to, falling objects/rocks, loose rock and unstable surfaces, steep and uneven terrain, cliff edges, and potentially hazardous animals, insects, and plants.
- Travel over trail for approximately 2.65 minutes without sitting.
- Manage personal care in remote environments without access to electricity and/or running water.
- Understand and follow directions and instructions to avoid and/or manage risks.
- Tolerate exposure to the natural elements, including sun/temperature for up to 90 minutes.
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities.

Should you need additional assistance to participate, please contact the park or visit our website.



T E N N E S S E E
State Parks