

Essential Eligibility Criteria

Standing Stone State Park

Slippery Slit Cave Adventure

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions and instructions to avoid and/or manage risks
- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities
- Be able to identify and recognize environmental risks, including but not limited to, loose rock and unstable surfaces, steep and uneven terrain, cliff edges, crevasses, moving water (fast or slow), and potentially hazardous animals, insects, and plants
- Travel over varied terrain (muddy, gradual incline/decline, steep at cave entrance) for less than 1 mile to and from cave
- Wear all required safety gear so that it is properly fitting and in line with manufacturer standards. Ex: caving helmet and headlamp
- Tolerate dark and confined spaces for up to 1 hour
- Move through confined spaces of wet, dark, and slippery terrain that is consistently about 56-58 degrees F
- Move through cave spaces by kneeling, crawling, bending, bracing, lowering, pushing, lifting one's weight over and under boulders
- A completed liability form is required

Should you need additional assistance to participate, please contact the park or visit our website.