

# Essential Eligibility Criteria

## Scott's Gulf Wilderness State Park

### ***Hardie Trail Hike***

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Stay alert and focus attention during instruction
- Understand and follow directions and instructions to avoid and/or manage risks
- Manage personal care in remote environments without access to electricity and/or running water
- Tolerate exposure to the natural elements, including sun/temperature for 2 hours
- Be able to identify and recognize environmental risks, including but not limited to, falling objects/rocks, loose rock and unstable surfaces, steep and uneven terrain, cliff edges, moving water (fast or slow) such as creeks, and potentially hazardous animals, insects, and plant
- Travel over and negotiate varied terrain for 2.5 miles in an estimated 2 hours
- Travel over trail for 45 minutes without sitting
- Climb up a stationary structure with a height of up to 7 feet

Should you need additional assistance to participate, please contact the park or visit our website.