Essential Eligibility Criteria

Sgt. Alvin C. York State Historic Park

National Trails Day Hike

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

- Understand and follow directions and instructions to avoid and/or manage risks

- Tolerate exposure to the natural elements, including sun/temperature for one hour

- Travel over and negotiate varied terrain for 1 mile in an estimated one hour

- Perform self-care including maintaining nutrition and hydration, personal hygiene, and managing existing medical conditions away from built facilities

- Be able to identify and recognize environmental risks, including but not limited to loose rock and unstable surfaces, uneven terrain, moving water (fast or slow) such as rivers or creeks, and potentially hazardous animals, insects, and plants

- Move over uneven grassy terrain with occasional tree roots measuring up to three (3) inches in height for one (1) mile

- Navigate varied terrain including pavement, grass, and

Should you need additional assistance to participate, please contact the park or visit our website.

TENNESSEE State Parks