Essential Eligibility Criteria

Henry Horton State Park

Group Mountain Biking

Program participants should be able to do the following, independently or with the assistance of a companion or adaptive equipment:

Inner Loop (4.5 miles)
- Understand and follow directions and instructions to avoid and/or manage risks
- Tolerate exposure to the natural elements, including sun/temperature for 1.25 hours
- Perform necessary self-care, including maintaining adequate nutrition and hydration, dressing appropriately for environmental conditions, maintaining personal hygiene, and managing known medical conditions.
- Recognize and react appropriately to significant and apparent hazards, including ones previously identified by leaders or other participants.
- Work cooperatively as a group

Outer Loop (6.65 mile)
All of the above bullet points in addition to:
- Tolerate exposure to the natural elements, including sun/temperature for 2 hours

Should you need additional assistance to participate,
please contact the park or visit our website.

TENNESSEE State Parks